

Top class medical services



CS Health is an industry leader in providing medical screening, assessment and treatment services to maximise the occupational health and safety of your staff.

We specialise in assisting each workplace identify cost-effective systems for delivering programs that can not only keep workers on the job, but facilitate healthy and productive lifestyles.

We offer a range of health assessment services and a full suite of injury treatment and management programs delivered by expert health professionals including: occupational physicians, occupational therapists, psychologists, general practitioners and exercise physiologists.

Pre-placement medicals

Selecting the right person for the job by undertaking a pre-placement medical can minimise the incidence of workplace injury by ensuring each person is capable of meeting the inherent physical requirements of the role.

Our pre-placement medicals are ideal for anyone about to commence work, moving to a new area or department or new role.

Assessments can include cardiovascular fitness, upper body strength, postural tolerance, manual handling and job simulation tasks.

Pre-placement functional assessments

Evaluating a worker's general fitness and current physical capacity to perform specific work-related tasks is vital in many industries. CS Health tailors its assessments to suit individual job roles and work sites.

CS Health provides functional capacity assessments matched with in-depth knowledge of the physical requirements of each job, so you can better manage the health and safety of your people.

Physical screening assessments of strength, stability, flexibility, balance, and job simulations tasks including manual handling activities can provide an outstanding foundation of information from which to better manage your workforce.

Periodic surveillance medicals

CS Health can assist you to meet occupational health regulations through periodic or surveillance medicals conducted at regular intervals. Monitoring workforce exposure to known or suspected occupational hazards is essential in many industries and CS Health is an expert service provider.

Executive medicals

Senior managers are a valuable asset to any organisation, so a CS Health Executive Medical is a great investment in providing a review of the executive's general health status, with a view to them contributing at a high level throughout their working life.

Immunisation programs

CS Health's friendly and capable nurses are accredited by the NSW Health Department to administer vaccinations. Programs can be structured for your workplace needs and may include common vaccinations such as hepatitis A and B, and flu.

CS Health

Call today on 02 8270 3200